



program leaders while any child is participating in the listed non-school based physical activities for the out-of-class component of this course. This is to ensure, to the extent reasonably possible, that no one is injured and no property is damaged or lost as a result of -of-class component of this course.

7. I understand that I will be responsible for paying for any and all fees that may result from

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Student Declaration:

I am aware of the recommended safety guidelines for the physical activities that I have chosen for the out-of-class component of this course.

While participating in these activities, I will abide by the recommended safety guidelines that are appropriate to the nature of the activity (e.g., recreation versus competition). When applicable, I will also abide by any other more stringent safety standards imposed by my instructors, coaches, or program leaders.

I will ensure, to the extent reasonably possible, that no one is injured and no property is damaged or lost as a result of my participation in my chosen physical activities for the out-of-class component of this course.

I understand that if I want to choose other physical activities that are not part of the attached Personal Physical Activity Plan for inclusion in the out-of-class component of this course, prior to participation, I must:

- have these new physical activities accepted by Physical Education teacher;
- obtain the recommended safety guidelines for the new physical activities;
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